Health Information Acknowledgement and Consent

I understand that Pacific Sage LLC which also uses the name Pacific Sage Primary Care and Pacific Sage Medical Services (referred to below as "This Practice") will use and disclose health information about me.

I understand that my **health information** may include information both created and received by the practice, may be in the form of written or electronic records or spoken words, and may include information about my health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, and similar types of health-related information.

I understand and agree that This Practice may use and disclose my health information to:

· Make decision about and plan for my care and treatment

• Refer to, consult with, coordinate among, and manage along with other health care providers for my care and treatment

• Determining my eligibility for health plan or insurance coverage, and submit bills, claims, and other related information to insurance companies or others who may be responsible to pay for some or all of my health care; and

• Perform various office, administrative, and business functions that support my provider's efforts to provide me with quality cost-effective health care and to arrange and be reimbursed for quality cost-effective health care.

I understand that I have the right to receive and review a written description of how This Practice will handle health information about me. This written description is known as a **Notice of Privacy Practices** and describes the uses and disclosures of health information made and the information practices followed by the employees, staff, and other office personnel of This Practice, and my rights regarding my health information.

I understand that the Notice of Privacy Practices may be revised from time to time, and that I am entitled to receive a copy of any revised Notice of Privacy Practices. I also understand that a copy or a summary of the most current version of This Practice's Notice of Privacy Practices in effect will be posted on-line where I can access it. I can also request a copy be sent to me at home or through email.

I understand that I have the right to ask that some or all of my health information not be used or disclosed in the manner described in the Notice of Privacy Practices, and I understand that This Practice is not required by law to agree to such requests.

By signing below, I agree that I have reviewed and understand the information above and that I have received a copy of the Notice of Privacy Practices (see forms).

Patient's Signature

Date

Authorized Representative Signature

Date



Name of Representative

Relationship

1 Informed Consent for Telemedicine Services: Ann Ottesen NP

INTRODUCTION

Telemedicine involves the use of electronic communications to enable health care providers at different locations to share individual patient medical information for the purpose of improving patient care. Providers may include primary care practitioners, specialists, and/or subspecialists. The information may be used for diagnosis, therapy, follow-up and/or education, and may include any of the following:

- Patient medical records
- Medical images
- Live two-way audio and video
- Output data from medical devices and sound and video files

Electronic systems used will incorporate network and software security protocols to protect the confidentiality of patient identification and imaging data and will include measures to safeguard the data and to ensure its integrity against intentional or unintentional corruption.

EXPECTED BENEFITS

- Improved access to medical care by enabling a patient to remain in his/her office (or at a remote site) while the provider obtains test results and consults from healthcare practitioners at distant/other sites.
- More efficient medical evaluation and management.
- Obtaining expertise of a distant specialist.

POSSIBLE RISKS

As with any medical procedure, there are potential risks associated with the use of telemedicine. These risks include, but may not be limited to:

- In rare cases, information transmitted may not be sufficient (e.g. poor resolution of images) to allow for appropriate medical decision making by the providers and consultant(s);
- Delays in medical evaluation and treatment could occur due to deficiencies or failures of the equipment;
- In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information;
- In rare cases, a lack of access to complete medical records may result in adverse drug interactions or allergic reaction or other judgment error.

BY SIGNING THIS FORM, I ATTEST TO AND UNDERSTAND THE FOLLOWING:

- 1. I understand that the laws that protect privacy and the confidentiality of medical information also apply to telemedicine,
- 2. I understand that I have the right to withhold or withdraw my consent to the use of telemedicine in the course of my care at any time, without affecting my right to future care or treatment,
- 3. I understand that I have the right to inspect all information obtained and recorded in the course of telemedicine interaction, and may receive copies of this information for a reasonable fee,
- 4. I understand that a variety of alternative methods of medical care may be available to me, and that I may choose one or more of these at any time. Ann Ottesen NP has explained the alternatives to my satisfaction,
- 5. I understand that telemedicine may involve electronic communication of my personal medical information to other medical practitioners who may be located in other areas, including out of state.
- 6. I understand that it is my duty to inform Ann Ottesen NP of electronic interactions regarding my care that I may have with other healthcare providers.
- 7. I understand that I may expect the anticipated benefits from the use of telemedicine in my care, but that no results can be guaranteed or assured.
- 8. I attest that I am located in the state of Oregon and will be present in the state of Oregon during all telehealth encounters with Ann Ottesen NP.

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² Informed Consent for Telemedicine Services: Ann Ottesen NP

PATIENT CONSENT TO THE USE OF TELEMEDICINE

I have read and understand the information provided on page 1 regarding telemedicine, have discussed it with my provider, and all of my questions have been answered to my satisfaction. I hereby give my informed consent for the use of telemedicine in my medical care.

I understand a copy of this form will be available for me to print.

I hereby authorize *Ann Ottesen* NP to use telemedicine in the course of my diagnosis and treatment. By signing below, I agree to use electronic records and signatures and I acknowledge that I have read the related "consumer disclosure".

Please sign below.

Patient's Signature

Date

Authorized Representative Signature

Date



Name of Representative

Relationship

Initial each section and sign below

<u>Consent to Medical Care and Treatment</u>: I consent to all medical and surgical care, examination, and tests determined to be necessary. I understand that I have the right to refuse any procedure or treatment and I have the right to discuss all medical treatments with my clinician. Though I expect the care given will meet customary standards, I uderstand there are no guarantees concerning the results of my care. If I refuse suggested examinations, tests, or treatments against medical advice, I will not hold Pacific Sage LLC or any individual responsible for any of the consequences.

Assignment of Benefits, Authorization to Release Medical Information: I request that payment of authorized benefits from my insurance carrier be made either to me or on my behalf to Pacific Sage LLC for any services furnished to me by Pacific Sage LLC and hereby assign Pacific Sage LLC all assignable rights to payment for services rendered by Pacific Sage LLC including all Medicare benefits if I am in that program. I authorize my insurance carrier to release information regarding my coverage to Pacific Sage LLC. I authorize any holder of medical information about me to release it to the following when applicable to determine benefits for related cservices: Centers for Medicare and Medicaide Services, insurers, and/or agents of these companies, or other helathcare providers assisting in my medical care. I understand and agree that my health inormation may be used and disclosed by Pacific Sage LLC, other providers, and insurers for treatment, payment, and health care operations pursposes. I understand that Pacific Sage LLC paricipates in an electronic medical prescribing softward (e-prescribing) and authorize Pacific Sage LLC to send prescriptions directly to a pharmacy from the point of care. I agree that Pacific Sage LLC may request and use my prescription history from other healthcare providers or third-party payors for treatment pursposes.

<u>Financial Agreement</u>: I understand that I am financially responsible for any charges regardless of insurance coverage. The maximum charge for services provided by Pacific Sage LLC that I would need to pay out of pocket regardless of insurance coverage for each visit is \$250. I agree to pay up to \$250 for services provided by Pacific Sage LLC for each visit. There may be additional charges from other entities that provide services ordered by Pacific Sage LLC, but those entities will collect payment(s) independently.

<u>Consent to Text Messaging and email</u>: In order to enhance patient care and experience, Pacific Sage LLC may contact me via phone call, voicemail, SMS text message, email, or mobile application, some of which may be via automated means to remind me of an appointment, to obtain feedback on my experience with our healthcare team, and to provide general health reminders/information. I understand and agree to be contacted in this manner with communications related to this visit, and any future visits. In the future, I may opt-out of receiving text messages by notifying Pacific Sage LLC in writing. Standard telephone minute and text charges may apply if Pacific Sage LLC contacts me. Acknowledgement of Notice of Privacy Practices and Patient Record of Disclosures: I acknowledge that I have received a copy of Pacific Sage LLC's Notice of Privacy Practices. In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that communication of PHI is made by alernative means, such as sending correspondence to the indivicual's office instead of the individual's home.

Video Surveillance for Security and healthcare Operations: I understand and consent to video surveillance for security purposes and/or Pacific Sage LLC's health care operations. I understand that the facility retains the ownership rights to images and/or recordings. I understand these images and/or recordings will be securely stored and protected.

_____By signing below, I hereby understand and agree with the above information and understand that my refusal to sign this form will be interpreted as my decision to cease receiving medical care with Pacific Sage LLC, which also goes by the names of Pacific Sage Primary Care and Pacific Sage Medical Services.

Patient's Signature

Authorized Representative Signature

Name of Representative

Date

Date

Relationship



		Consent t	o Communio	Communicate: Pacific Sage		
First Name	<u></u>	Last Name	Date	// of Birth	Date	
Consent for leave detailed permission to	aving me message do so.	es containing spec	-	n on my voicema	protected. In order for Pacific Sage LLC il or answering machine, I need to give per(s) listed below:	
Phone:		Phone:	Phone:	:		
		regarding the follo				
		Reminders/Chan		Cost Estimates		
	unt Payr	nents/Balances		Medical Treatme	nt (Needed/Completed)	
verbally discus grant permissi my care or rele	<u>ss</u> my m on for P evant to	edical care and ot ractice representa payment for such	her protected informa tives to verbally discu care.	ition. The name(s ss information us	ing below, I authorize Pacific Sage LLC t) listed below are individuals to whom sing their best judgment that is relevan	
May be contac	cted reganent rs/chang paymen	es	Medical information/ Sensitive medical info	Care/Treatments rmation including smitted Infections e including drugs	needed or completed g: s, HIV/AIDs	
			Relationship	to patient:		
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May be contac Appointn reminder	cted reganent rs/chang paymen	arding the followir	Medical information/ Sensitive medical info	Care/Treatments rmation including smitted Infections e including drugs	needed or completed g: s, HIV/AIDs	
consent will be	e consid	ered valid until I re	evoke it in writing. I re	serve the right to	lationships may change over time. This o revoke it at any time. I understand fore revocation is received.	
Patient's Signa	ature			Date		

Additional Medical History Questions CDL Exams

Do you have any allergies to <u>Meds</u> ?	Do you know your family medical history?
🗆 yes 🛛 no	🗆 yes 🛛 no
Allergy:	If yes, Mark all that apply:
Reaction:	Diabetes
	🗆 Asthma
Allergy:	Coronary Artery Disease
Reaction:	Heart Attack-MI
	Before age 60? 🖂 Yes 🛛 🗌 No
Allergy:	
Reaction:	Before age 60? 🗆 Yes 👘 🖂 No
	Chronic Kidney Disease
Allergy:	Suicide attempts
Reaction:	Mental illness besides anxiety or depression
Do you have any allergies to <u>foods</u>	Autoimmune disease
or other substances?	Type I diabetes (onset usually very young)
🗆 yes 🛛 no	Rheumatoid arthritis
Allergies:	Celiac disease
	🗆 Lupus
	Grave's disease (thyroid)
Do you snore loudly? (Louder than	Hashimoto's thyroiditis (thyroid)
talking or loud enough that you can be heard through closed doors)	Multiple sclerosis
	Inflammatory bowel disease
Do you often feel tired, fatigued, or	Myasthenia gravis
sleepy during the daytime?	Addison's Disease
□ yes □ no	Sjogren's syndrome
Has anyone observed you stop	Cancer (specify)
breathing, gasp, or choke while	Bladder
sleeping?	🗆 Brain
🗆 yes 🗆 no	Breast
	🗆 Colon
If you were REALLY TIRED and	🗆 Kidney
driving, what would you do to be	
safe? (pick the BEST answer)	Melanoma
Pull over and rest	Pancreas
Keep driving and hope you	Prostate
don't nod off	Other
 Listen to soothing music Turn up the heat 	Other Medical Problems:
Turn up the heat	

Public Burden Statement	nd a person is not required to respond to, nor shall a per	con ha subject to a nonalty for	r failure to comply with a collect	ion of information	subject to t	ha raquiraments of		
the Paperwork Reduction Act unless that collection of information is estimated to be approximately 2 responses to this collection of information are ma	on of information displays a current valid OMB Control N 25 minutes per response, including the time for reviewir andatory. Send comments regarding this burden estima	Number. The OMB Control Num og instructions, gathering the o te or any other aspect of this o	nber for this information collect data needed, and completing ar collection of information, includi	ion is 2126-0006. I nd reviewing the c	Public report collection of i	ing for this collection information. All		
U.S. Department of Transportation Federal Motor Carrier Safety Administration	leral Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590. Medical Examination Report Form (for Commercial Driver Medical Certification)							
				MEDIC	AL REC	ORD #		
SECTION 1. Driver Information (to be fi	filled out by the driver)			(0	r sticke	r)		
PERSONAL INFORMATION								
Last Name:	First Name:	Middle Ini	tial: Date of Birt	h:		Age:		
Street Address:	City:		State/Province:	Z	ip Code	:		
Driver's License Number:	Issuing S	tate/Province:		Ph	one:			
E-Mail (optional):								
		Driver ID Verifie	ed By**:					
Has your USDOT/FMCSA medical certific	cate ever been denied or issued for le	ess than 2 years?	Yes O No O No	ot Sure				
*CLP/CDL Applicant/Holder: See instructions for definitions.	•	**Driver ID Verified By: Record what	t type of photo ID was used to verify t	he identity of the dri	ver, e.g., CDL, o	driver's license, passport.		
DRIVER HEALTH HISTORY								
Have you ever had surgery? If "yes," plea	ase list and explain below.			🔿 Yes	() No	O Not Sure		
Are you currently taking medications (<i>p</i> If "yes," please describe below.	prescription, over-the-counter, herbal rem	edies, diet supplement	ts) ?	🔿 Yes	() No	O Not Sure		

(Attach additional sheets if necessary)

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.

Form MCSA-5875

Last Name:

DRIVER HEALTH HISTORY (continued)

10. L 11. K V 12. S 13. C 14. A р 15. F Other health condition(s) not described above: ○ Yes ○ No ○ Not Sure Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: ○ Yes ○ No ○ Not Sure (Attach additional sheets if necessary) **CMV DRIVER'S SIGNATURE**

First Name:

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of 49 CFR 390.35, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendices A and B.

Driver's Signature:

SECTION 2. Examination Report (to be filled out by the medical examiner)

DRIVER HEALTH HISTORY REVIEW

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

(Attach additional sheets if necessary)

Exam Date:

		Sure			No	Sure
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0	Ο	0		Š	č	0
0	0	0		č	č	0
0	0	0	19. Missing or limited use of arm, hand, finger, leg, foot, toe20. Neck or back problems	0	0	0
0	0	0	21. Bone, muscle, joint, or nerve problems	0	0	0
0	Ο	0		0	č	-
0	Ο	0		č	~	0
0	0	0	25. Sleep disorders, pauses in breathing while asleep,	0	0	0
0	Ο	0		\cap	\circ	0
0	0	0	27. Have you ever spent a night in the hospital?	0	0	0
0	Ο	0	28. Have you ever had a broken bone?	Ο	0	0
0	0	0	29. Have you ever used or do you now use tobacco?	Ο	Ο	0
0	Ο	0	30. Do you currently drink alcohol?	Ο	0	0
0	0	0	31. Have you used an illegal substance within the past two years?	0	0	0
0	0	0	32. Have you ever failed a drug test or been dependent on an illegal substance?	0	0	0
				 loss 17. Unexplained weight loss 18. Stroke, mini-stroke (TIA), paralysis, or weakness 19. Missing or limited use of arm, hand, finger, leg, foot, toe 20. Neck or back problems 21. Bone, muscle, joint, or nerve problems 22. Blood clots or bleeding problems 23. Cancer 24. Chronic (long-term) infection or other chronic diseases 25. Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring 26. Have you ever had a sleep test (<i>e.g., sleep apnea</i>)? 27. Have you ever spent a night in the hospital? 28. Have you ever used or do you now use tobacco? 30. Do you currently drink alcohol? 31. Have you ever failed a drug test or been dependent 	Image: Second state of the second s	Image: Second state of the second s

_____ DOB: ____

Not

Date:

Instructions for Completing the Medical Examination Report Form (MCSA-5875)

I. Step-By-Step Instructions

Driver:

Section 1: Driver Information

- **Personal Information:** Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, driver's license number and issuing state.
 - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
 - **Driver ID Verified By:** The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
 - Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.
- Driver Health History:
 - **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
 - Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
 - **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
 - **Other Health Conditions not described above:** If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
 - Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.